Lemon Chicken

Ingredients

500g Chicken breast (Thinly sliced)

80g Plain flour
4 Egg yolks
100ml Lemon juice
2tbsp Soft brown sugar

2tbsp Cornflour 2tbsp Honey

1/2tsp Grated ginger 1 Spring onion 85ml Chilled water

Method

Pre-heat the oven on No 4.

- 1 Whisk the flour and egg yolks with the chilled water
- 2 Cover and chill for 20 minutes (No longer)
- 3 Combine the lemon juice, honey, sugar and ginger in a small pan
- 4 Heat 1cm oil in a pan over a high heat
- 5 Toss the chicken in the flour then in the chilled batter
- 6 Shallow fry in batches for 3 / 4 minutes turning once
- 7 Keep warm in the oven
- 8 Over a low to medium heat warm the sauce through stirring constantly
- 9 Mix the corn flour with a drop of water of slowly pour into the sauce making sure it does not over thicken

Do the lemon sauce last as it thickens very quickly

Serve with fried or boiled rice